

Session: Jan. 14th-March 14th | Registration: Begins Jan. 7th



SUN Closed MON Closed

TUE 12:00pm-9:00p.m. **WED** 3:00pm-9:00p.m.

12:00pm-9:00p.m. 12:00pm-9:00p.m.

SAT 9:00am-6:00p.m.



THU 6:00 p.m.-10:00 p.m. FRI 6:00 p.m.-10:00 p.m. 6:00 p.m.-10:00 p.m.

Q Location

Manney Clarke, Center Manager

1250 Windsor Avenue Columbus, Ohio 43211

(614) 645-7407 (614) 724-4700



RECREATION AND PARKS DEPARTMENT

Columbus RecParks.com

		TUESDAY								
Time	Course #	Course	Age	Room	Cost					
12:30p-8:30p	69026	Adult Cardio & Weights	18 & Up	Weight Room/Outside						
12:30p-3:00p	69025	Adult Open Gym Basketball	18 & Up	Gym	\$10					
3:30p-6:00p	69035	Homework Help & CATCH	6-12	Gym/Activity Room						
3:30p-4:30p	XXXXX	FREE CHA AFTERSCHOOL MEAL	6-18	Multi-Purpose Room						
5:00p-8:30p	69031	Boxing	8 & Up	Boxing Room						
5:00p-6:00p	69032	Boxing (Kids) P.L.A.Y Grant Eligible	6-17	Boxing Room	\$20					
7:30p-8:30p	69036	Martial Arts	6 & Up	Multi-Purpose Room	\$20					
WEDNESDAY										
3:30p-8:30p	69026	Adult Cardio & Weights	18 & Up	Weight Room/Outside						
3:30p-6:00p	69035	Homework Help & CATCH	6-16	Lobby/Game room						
3:30p-4:30p	ххххх	FREE CHA AFTERSCHOOL MEAL	6-18	Multi-Purpose Room						
5:00p-8:30p	69031	Boxing	8 & Up	Boxing Room						
5:00p-7:00p	69028	Adult Wheelchair Basketball	18 & Up	Gym	\$10					
5:00p-7:00p	69030	Art/Ceramics	6-17	Art Room						
5:00p-6:00p	69034	Girls R Us	6-17	Activity Room						
6:00p-7:00pm	69038	Women's Fitness Power Hour	14 & Up	Weight Room/ MPR						
6:00p-7:30p	69039	Double Dutch (Jump Rope)	6-15	Multi-Purpose Room						
7:00p-9:00p	69025	Adult Open Gym Basketball	18 & Up	Gym	\$10					
	THURSDAY									
12:30p-8:30p	69026	Adult Cardio & Weights	18 & Up	Weight Room						
12:30p-3:00p	69026	Adult Open Gym Basketball	18 & Up	Gym	\$10					
3:30p-6:00p	69035	Homework Help & CATCH	6-12	Lobby/Game Room						
3:30p-4:30p	ххххх	FREE CHA AFTERSCHOOL MEAL	6-18	Multi-Purpose Room						
5:00p-8:30p	69031	Boxing	8 & Up	Boxing Room						
5:00p-6:00p	69032	Boxing (Kids) P.L.A.Y. Grant Eligible	6-17	Boxing Room	\$20					
6:00p-7:30p	69039	Double Dutch (Jump Rope)	6-15	Multi-Purpose Room						
7:00p-9:00p	69025	Adult Open Gym Basketball	18 & Up	Gym						
7:30p-8:30p	69036	Martial Arts	6 & Up	Multi-Purpose Room	\$20					

Douglas' Partnership with God's Hygiene Help (69033) is open to help those in need get free Hygiene and Cleaning supplies.

Days and times: Tue. 12p-3p, Thurs. 12p-3p, & Fri 12p-3p

FRIDAY								
Time	Course #	Course	Age	Room	Cost			
12:30p-8:00p	69026	Adult Cardio & Weights	18 & Up	Weight Room				
12:30p-3:00p	69025	Adult Open Gym Basketball	18 & Up	Gym	\$10			
1:00p-3:00p	60090	Adult Fitness/ Weightlifting (Basic)	18 & Up	Weight Room				
3:30p-6:00p	69035	Homework Help & CATCH	6-13	Lobby/ Game room				
3:30p-4:30p	ххххх	FREE CHA AFTERSCHOOL MEAL	6-18	Multi-Purpose Room				
5:00p-8:30p	69031	Boxing	8 & Up	Boxing Room				
6:00p- 10:00p	69027	Adult Volleyball	18 & Up	Gym				
SATURDAY								
9:00a-11:30a	69027	Adult Volleyball	18 & Up	Gym	\$10			
9:00a-11:00a	69038	Women's Fitness Power Hour	14 & Up	Weight Room/ MPR				
9:30a- 6:00p	69026	Adult Cardio & Weights	18 & Up	Weight Room				
10:00a-2:00p	69034	Girls R Us	7-17	Fieldtrips TBA				
12:00p-3:00p	69035	CATCH	6-13	Gym				
3:00p-6:00p	69063	Teen Basketball	69063	Gym				
3:00p-6:00p	69031	Boxing	8 & Up	Boxing Room				

Douglas Community Recreation Center Staff
Manney Clarke - Center Manager
Wesley Russell - Recreation Supervisor
Destiny Wade - Recreation Leader
Vonzell Johnson - Head Boxing

ISA Instructors

Coach

Calvin Clark - Boxing Coach

ADULT DROP-IN SPORTS PASS \$10

ADULT BOXING MEMBERSHIP \$15

-THE PASS APPLIES TO ADULTS AGES 18+ AS A ONE TIME FEE PER SESSION.

-THE PASS CAN BE USED AT ALL CENTERS THAT HAVE OPEN GYM/ BOXING SPORTS (Basketball, Volleyball, Pickleball, etc).

SEE PROGRAM SCHEDULE FOR OPEN GYM/ PLAY SPORTS/ BOXING TIMES.

P. L. A. Y. Grant Information

Private Leisure Assistance for Youth sponsors kids ages 17 and under from financially limited families. P.L.A.Y. can be used on any fee based class and pays up to \$20.00 for indoor season classes.

Leisure Card Policy

Everyone 6 and older MUST have a leisure card to participate and enter the facility. Cost is \$1.00

ColumbusRecParks.com